

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
						1 (SAKURA) 10am-2pm 予定
2	3	4	5	6	7	8
	Meditation (2F) 10:00 am - 11:30am OGOJO (1F) 10:00 am - 11:30am Karaoke club (1F) 12:45 pm - 3:45 pm  Monday Lighthouse (2R) 1:00pm - 3:30pm	Ping Pong Club 10:00 am - 12:00 pm  ** SNOW CXL *** English >> 4/7 iPad AM & PM >> TBD EASY Ostiofit >> 4/7 Hula Dace >> 3/31	Wednesday Lighthouse 10:00 am - 3:00pm Rythmique (2R) 10:00 am - 12:00 pm Japanese Class (Beginners) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am	Osteofit 10:00 am - 11:45 am Aerobics for Seniors 11:30 am - 12:45 pm Haiku Club 1:00 pm - 3:00 pm Mah-Jong Club (2R) 12:00 pm - 4:00 pm Brain Exercise 1:00 pm - 2:30 pm  *** Outing *** ~ Chocolate Fair ~	English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm  Calligraphy 2:00 pm - 3:00 pm	
9	10	11	12	13	14	15
	Meditation (2F) 10:00 am - 11:30am OGOJO Baby (1F) 10:00 am - 11:30am  Monday Lighthouse 1:00pm - 3:30pm	English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Class (Interm.) AM 10:00am-11:30am PM 1:00 pm - 2:30 pm EASY Ostiofit 12:30 pm - 1:30 pm Hula Dace for Seniors 12:30 pm - 1:30 pm  Japanese Conversation (Eve.) 5:30pm - 7:00pm	Wednesday Lighthouse 10:00 am - 3:00pm Rythmique (2R) 10:30 am - 12:00 pm Japanese Class (Beg.) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am  Young Craft Club (2R) 1:00pm - 3:00pm Family Support (2F) 1:30pm - 3:00pm	Osteofit 10:00 am - 11:45 am Aerobics for Seniors 11:30 am - 12:45 pm  Mah-Jong Club (2R) 12:00 pm - 4:00 pm Brain Exercise 1:00 pm - 2:30 pm  Salon:10:30am-12pm (2F)  2019 Q2 Plan Meeting 10-3pm	English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm  Piano Sing Along 1:00 pm - 2:30 pm	
16	17	18	19	20	21	22
	Family Day CLOSED	English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Class (Begin.) AM 10:00am-11:30am PM 1:00 pm - 2:30 pm EASY Ostiofit 12:30 pm - 1:30 pm Hula Dace for Seniors 12:30 pm - 1:30 pm	Wednesday Lighthouse 10:00 am - 3:00pm Rythmique (2R) 10:00 am - 12:00 pm Japanese Class (Beginners) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am	Osteofit 10:00 am - 11:45 am Aerobics for Seniors 11:30 am - 12:45 pm Ukulele Circle (2R) 10:30 am - 11:30am Haiku Club 1:00 pm - 3:00 pm Mah-Jong Club (2R) 12:00 pm - 4:00 pm Brain Exercise 1:00 pm - 2:30 pm Fude-Moji	English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm  Calligraphy 2:00 pm - 3:00 pm	Senior Life Seminar ~ PREPEARE FOR ENDING ~ 10am-  JCCA Kei Ro Kai @Nikkei Ctr.) 604.922.9226
23	24	25	26	27	28	29
	Meditation (2F) 10:00 am - 11:30am OGOJO (1F) 10:00 am - 11:30am Tablet,PC Seminar 10:00am - 11:30am  Monday Lighthouse 1:00pm - 3:30pm	English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Class (Interm.) AM 10:00am-11:30am PM 1:00 pm - 2:30 pm EASY Ostiofit 12:30 pm - 1:30 pm Hula Dace for Seniors 12:30 pm - 1:30 pm  Japanese Conversation (Eve.) 5:30pm - 7:00pm	Wednesday Lighthouse 10:00 am - 3:00pm Rythmique (2R) 10:30 am - 12:00 pm Japanese Class (Beg.) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am  Young Craft Club (2R) 1:00pm - 3:00pm	Osteofit 10:00 am - 11:45 am Aerobics for Seniors 11:30 am - 12:45 pm  Mah-Jong Club (2R) 12:00 pm - 4:00 pm Brain Exercise (2F) 1:00 pm - 2:30 pm  Salon:10:30am-12pm (2F)  Birthday Party Jan-Mar born 1:00pm-2:45pm	English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm	

Notes:

Kei Ro Kai for 2020 : Feb 22 (Sat) - For registration or any inquiry, please call 604-922-9226 (JCCA).

Volunteer wanted!!

→ TG Birthday Party Feb 27 (Thr) 1:00pm ~2:45pm EVENT Support: Reception, Setup, Cleaning