

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 Labour Day CLOSED	3 Ping Pong Club 10:00 am - 12:00 pm	4 Rythmique (2R) 10:30 am - 12:00 pm	5 Chair YOGA 1day Trial 10:00am - 10:45am Haiku Club (2F) 1:00 pm - 3:00 pm Mah-Jong Club (2R) 12:00 pm - 4:00 pm	6 Calligraphy 2:00 pm - 3:00 pm (桜餅クラブ) 10am-2pm 予定	7
8	9 Meditation (2R) 10:00 am - 11:30am OHANASHI for Kid's 10:00am - 11:30am Monday Lighthouse (1F) 1:00pm - 3:30pm CM : 1pm-3pm	10 ESL (Interm.) *added* 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm EASY Osteofit (1F) 12:30 pm - 1:30 pm Hula Dace for Seniors (2R) 12:30 pm - 1:30 pm	11 Wednesday Lighthouse 10:00 am - 3:00 Rythmique (2R) 10:30 am - 12:00 pm Lunch Program 11:45 am - 12:45 am Young Craft Club 1:00pm - 3:00pm Family Support 1:30pm - 3:00pm	12 Osteofit 10:15 am - 11:00 am Mah-Jong Club (2R) 12:00 pm - 4:00 pm *** MATCHA Club *** (1F - TBC) 1:00pm-2:00pm	13 Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Piano Sing-Along 1:00 pm - 2:30 pm	14
15	16 Meditation (2R) 10:00 am - 11:30am OHANASHI for Kid's 10:00am - 11:30am KARAOKE 12:30pm-3:00pm Monday Lighthouse (2R) 1:00pm - 3:30pm CM : 12:30pm-3:30pm	17 ESL (Interm.) *added* 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm EASY Osteofit (1F) 12:30 pm - 1:30 pm Hula Dace for Seniors (2R) 12:30 pm - 1:30 pm	18 Wednesday Lighthouse 10:00 am - 3:00 Rythmique (2R) 10:00 am - 12:00 pm Lunch Program 11:45 am - 12:45 am *** Outing *** Apple Picking > Move to Sep 30 (Mo)	19 Osteofit 10:15 am - 11:00 am UKULELE Circle (2R) 11:30 am - 12:45 pm Haiku Club (2F) 1:00 pm - 3:00 pm Mah-Jong Club (2R) 1:00 pm - 4:00 pm *** Garden Club *** Paper Making 5:00p.am-8:00pm (Details @S.Makiko)	20 ESL (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Calligraphy 2:00 pm - 3:00 pm	21
22	23 Meditation (2R) 10:00 am - 11:30am OHANASHI for Kid's 10:00am - 11:30am PC Seminar (2F) 10:00am - 11:30am Monday Lighthouse (1F) 1:00pm - 3:30pm CM : 10am-3pm	24 ESL (Interm.) *added* 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm EASY Osteofit (1F) 12:30 pm - 1:30 pm Hula Dace for Seniors (2R) 12:30 pm - 1:30 pm	25 Wed Lighthouse Program 10:00 am - 3:00pm Rythmique (2R) 10:00 am - 12:00 pm Japanese Class (Beg.) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am *** RAKUGO *** Comedy SHOW (1) 1pm-3pm	26 Osteofit 10:15 am - 11:00 am Aerobics for Seniors 11:30 am - 12:45 pm Mah-Jong Club 1:00 pm - 4:00 pm *** RAKUGO *** Comedy SHOW (2) 1pm-3pm	27 ESL (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Calligraphy 2:00 pm - 3:00 pm ** Senior Life Seminar ** ~ Elder Friendly Community ~	28
29	30 Meditation (2R) 10:00 am - 11:30am KARAOKE 12:30pm-3:00pm Monday Lighthouse (2R) 1:00pm - 3:30pm CM : 1pm-3pm *** Outing *** Apple Picking 9:30am-3:30pm					

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