

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
	<b>1</b> Iki Iki Program 10:00 am - 3:00 pm Tai Chi Exercises 10:00 am - 11:30am Lunch Program 11:45 am - 12:45 pm Karaoke Workshop 12:30 pm - 3:30 pm Shigin 1:30 pm - 3:00 pm	<b>2</b> Ping Pong Club 10:00 am - 12:00 pm Hura Hula Dancing for Seniors 12:30 pm - 1:30 pm Thai Yoga for Seniors 1:45 pm - 2:45 pm Poker Club 1:00 pm - 3:00 pm Beginners' Level Japanese 1:30 pm - 3:00 pm	<b>3</b> Iki Iki Program 10:00 am - 3:00 pm "Bon" Odori Workshop 10:00 am - 11:30am Lunch Program 11:45 am - 12:45 pm Intm/Upper level Japanese 1:00 pm - 3:00 pm	<b>4</b> Fall Prevention Excercises 10:00 am - 11:00 am Introductory Talet Class A 10:00 am - 11:30 am Aerobics for Seniors 11:30 am - 12:30 pm Mah-Jong Club 1:00 pm - 4:00 pm Intermediate Talet Class A 1:30 pm - 3:00 pm	<b>5</b> English (Beginners) 10:00 am - 11:30 am English (Intermediate) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Calligraphy Class 2:00 pm - 3:00 pm	<b>6</b>	
<b>7</b>	<b>8</b> <b>Family Day</b>  <b>CLOSED</b>	<b>9</b> Tablet Club B 10:00 am - 12:00 pm Ping Pong Club 10:00 am - 12:00 pm Hura Dancing for Seniors 12:30 pm - 1:30 pm Thai Yoga for Seniors 1:45 pm - 2:45 pm Poker Club 1:00 pm - 3:00 pm Beginners' Level Japanese 1:30 pm - 3:00 pm	<b>10</b> Iki Iki Program 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Young Craft Club 1:00pm - 3:00pm Intm/Upper level Japanese 1:00 pm - 3:00 pm Family Support Group for Caregivers of Individuals Suffering from Dementia 1:30 pm - 3:00 pm	<b>11</b> Fall Prevention Excercises 10:00 am - 11:00 am Brain Training 10:15 am - 11:15 am Introductory Talet Class B 10:00 am - 11:30 am Aerobics for Seniors 11:30 am - 12:30 pm Mah-Jong Club 1:00 pm - 4:00 pm Intermediate Talet Class B 1:30 pm - 3:00 pm	<b>12</b> English (Beginners) 10:00 am - 11:30 am English (Intermediate) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Piano Sing-a-long 1:00 pm - 2:30 pm	<b>13</b>	
<b>14</b>	<b>15</b> Iki Iki Program 10:00 am - 3:00 pm Tai Chi Exercises 10:00 am - 11:30am Lunch Program 11:45 am - 12:45 pm Karaoke Workshop 12:30 pm - 3:30 pm	<b>16</b> Tablet Club B 10:00 am - 12:00 pm Ping Pong Club 10:00 am - 12:00 pm Hura Dancing for Seniors 12:30 pm - 1:30 pm Thai Yoga for Seniors 1:45 pm - 2:45 pm Poker Club 1:00 pm - 3:00 pm Beginners' Level Japanese 1:30 pm - 3:00 pm	<b>17</b> Iki Iki Program 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Intm/Upper level Japanese 1:00 pm - 3:00 pm Bowling Appriciation Group 1:00 pm -	<b>18</b> Fall Prevention Excercises 10:00 am - 11:00 am Aerobics for Seniors 11:30 am - 12:30 pm *Mah-Jong Club 1:00 pm - 4:00 pm **** Birthday Party **** 1:15pm-2:30pm For Jan-Mar born members and volunteers (Regester by Feb 12)	<b>19</b> English (Beginners) 10:00 am - 11:30 am English (Intermediate) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Calligraphy Class 2:00 pm - 3:00 pm	<b>20</b>	
<b>21</b>	<b>22</b> Iki Iki Program 10:00 am - 3:00 pm Tai Chi Exercises 10:00 am - 11:30am Lunch Program 11:45 am - 12:45 pm Laptop Computer Seminors 1:30 pm - 3:00 pm	<b>23</b> Tablet Club B 10:00 am - 12:00 pm Ping Pong Club 10:00 am - 12:00 pm Hura Dancing for Seniors 12:30 pm - 1:30 pm Thai Yoga for Seniors 1:45 pm - 2:45 pm Poker Club 1:00 pm - 3:00 pm Beginners' Level Japanese 1:30 pm - 3:00 pm	<b>24</b> Iki Iki Program 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Young Craft Club 1:00pm -3:00pm Intm/Upper level Japanese 1:00 pm - 3:00 pm Senior Life Seminar (Advanced Care Planning 2) 1:30 pm - 3:00 pm	<b>25</b> Fall Prevention Excercises 10:00 am - 11:00 am Brain Training 10:00 am - 11:15 am Introductory Talet Class B 10:00 am - 11:30 am Aerobics for Seniors 11:30 am - 12:30 pm Mah-Jong Club 1:00 pm - 4:00 pm Intermediate Talet Class B 1:30 pm - 3:00 pm	<b>26</b> English (Beginners) 10:00 am - 11:30 am English (Intermediate) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm	<b>27</b>	
<b>28</b>	<b>29</b> Iki Iki Program 10:00 am - 3:00 pm Tai Chi Exercises 10:00 am - 11:30am Lunch Program 11:45 am - 12:45 pm Laptop Computer Seminors 1:30 pm - 3:00 pm	<b>*NOTE:</b> Due to the event on February 18th (Thursday) , room assignments for the following programs will be changed. > Mah-Jong Club: (2R) Storage Room					