

Tonari Gumi

101-42 W. 8th Ave., Vancouver V5Y 1M7 (New Location)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Open 9:00am - 5:00pm No Program	2 Open 9:00am - 5:00pm No Program	3 Closed Good Friday	4
5	6 Closed Easter Monday	7 Family Drop-in 10:30am - 11:50am Poker 1:00pm - 3:00pm	8 Lighthouse Iki Iki 9:30am - 3:00pm Fall Prevention Exercise 10:30am - 11:30am Lunch Program 11:45am - 12:45pm Caregiver Support Group 1:30pm - 3:00pm Gateball	9 Brain Training 9:45am - 11:00am Aerobics for Seniors 10:00am - 11:00am Fall Prevention Exercise 11:30am - 12:30pm Calligraphy Club 12:45pm - 2:00pm Mahjong 1:00pm - 4:30pm Reader's Club 2:30pm - 3:30pm Japanese (Advanced) 6:30pm - 8:30pm	10 Craft 10:00am - 3:00pm Lunch Program 11:45am - 12:45pm Tablet (Beginner) 10:00am - 11:30pm Tablet (Intermediate) 1:30pm - 3:00pm Sing Along Piano 1:00pm - 2:30pm	11
12	13 Exercise 10:00am - 11:30am Japanese (Intermediate) 10:00am - 11:30am Homebound 10:30am - 2:30pm Lunch Program 11:45am - 12:45pm Minyo Dance 1:00pm - 2:00pm Karaoke 1:00pm - 4:00pm Computer Seminars 1:30pm - 3:00pm	14 Tablet Club (Photo) 10:00am - 12:00pm Family Drop-in 10:30am - 11:50am Poker 1:00pm - 3:00pm	15 Lighthouse Iki Iki 9:30am - 3:00pm Fall Prevention Exercise 10:30am - 11:30am Lunch Program 11:45am - 12:45pm Bowling Senior Life Seminars (Self - Shiatsu) 1:30pm - 3:00pm	16 Aerobics for Seniors 10:00am - 11:00am Fall Prevention Exercise 11:30am - 12:30pm Calligraphy Club 12:45pm - 2:00pm Mahjong 1:00pm - 4:30pm Reader's Club 2:30pm - 3:30pm Japanese (Advanced) 6:30pm - 8:30pm	17 Craft 10:00am - 3:00pm ESL (Intermediate) 10:00am - 11:30am Lunch Program 11:45am - 12:45pm Tablet (Beginner) 10:00am - 11:30pm Tablet (Intermediate) 1:30pm - 3:00pm	18
19	20 Exercise 10:00am - 11:30am Japanese (Intermediate) 10:00am - 11:30am Homebound 10:30am - 2:30pm Lunch Program 11:45am - 12:45pm Minyo Dance 1:00pm - 2:00pm Karaoke 1:00pm - 4:00pm	21 Tablet Club (Photo) 10:00am - 12:00pm Family Drop-in 10:30am - 11:50am Poker 1:00pm - 3:00pm Hula Dancing 12:30pm - 1:30pm Thai Yoga 1:45pm - 2:45pm	22 Lighthouse Iki Iki 9:30am - 3:00pm Fall Prevention Exercise 10:30am - 11:30am Lunch Program 11:45am - 12:45pm Walking (Queen Elizabeth Park) 2:00pm - 5:00pm Gateball	23 Brain Training 9:45am - 11:00am Aerobics for Seniors 10:00am - 11:00am Fall Prevention Exercise 11:30am - 12:30pm Calligraphy Club 12:45pm - 2:00pm Mahjong 1:00pm - 4:30pm Reader's Club 2:30pm - 3:30pm Japanese (Advanced) 6:30pm - 8:30pm	24 Craft 10:00am - 3:00pm ESL (Intermediate) 10:00am - 11:30am Lunch Program 11:45am - 12:45pm Tablet (Beginner) 10:00am - 11:30pm Tablet (Intermediate) 1:30pm - 3:00pm	25 Nikkei Plus Social Club 11:00am start at Tonari Gumi by donation
26	27 Exercise 10:00am - 11:30am Japanese (Intermediate) 10:00am - 11:30am Homebound 10:30am - 2:30pm Lunch Program 11:45am - 12:45pm Minyo Dance 1:00pm - 2:00pm Karaoke 1:00pm - 4:00pm	28 Tablet Club (Photo) 10:00am - 12:00pm Family Drop-in 10:30am - 11:50am Poker 1:00pm - 3:00pm Hula Dancing 12:30pm - 1:30pm Thai Yoga 1:45pm - 2:45pm Outreach (Fly-over Canada) 10:00am - 2:00pm	29 Lighthouse Iki Iki 9:30am - 3:00pm Fall Prevention Exercise 10:30am - 11:30am Lunch Program 11:45am - 12:45pm	30 Aerobics for Seniors 10:00am - 11:00am Fall Prevention Exercise 11:30am - 12:30pm Calligraphy Club 12:45pm - 2:00pm Mahjong 1:00pm - 4:30pm Reader's Club 2:30pm - 3:30pm Japanese (Advanced) 6:30pm - 8:30pm		